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## What Is Claimed Is:

An improved lacrosse head comprising an open frame having a base, a pair of sidewalls diverging from the base to form an interior surface having a 5 plurality of apertures along one side thereof, a lip interconnecting the sidewalls opposite the base having an interior surface including a backlip portion and a frontlip portion in communication with the interior surface to farm the opening in the open frame, the 10 lip having a plurality of four-sided apertures extending there through between the frontlip portion and the backlip portion, / and \a lace threadedly connected to the frame through the plurality of apertures on the interior surface and the lip to form a pocket, the lip having a pair of ridges extending outwardly from the exterior 15 surface of the lip to flank each aperture on the lip and beveled in a decreasing \dimension from the backlip portion to the frontlip portion.

2. An improved lacrosse head comprising an open frame having a base, a patr of sidewalls diverging from the base to form an interior surface having a plurality of apertures along one side thereof, a lip interconnecting the sidewalls apposite the base and having an interior surface including a backlip portion and a frontlip portion in communication with the interior surface to form the opening in the open frame, the lip having a plurality of apertures extending there through between the frontlip portion and the backlip portion, and a lace threadedly connected to the frame through the plurality of apertures on the interior surface and the lip to form a pocket, the lip having a plurality of depressions extending inwardly from the

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interior surface of the lip to abut each aperture on the lip and recessed in an increasing dimension from the aperture to the backlip portion.

open frame having a base, a pair of sidewalls diverging from the base to form an interior surface having a plurality of apertures along one side thereof, a lip interconnecting the sidewalls opposite the base and having an interior surface including a backlip portion and a frontlip portion in communication with the interior surface to form the opening in the open frame, the lip having a plurality of apertures extending there through between the frontlip portion and the backlip portion, and a lace threadedly connected to the frame through the plurality of apertures on the interior surface and the lip to form a pocket, the lip further comprising:

a pair of ridges extending outwardly from the exterior surface of the lip to flank each aperture on the lip and beveled in a decreasing dimension from the backlip portion to the frontlip portion; and

a plurality of depressions extending inwardly from the interior surface of the lip to abut each aperture on the lip and recessed in an increasing dimension from the aperture to the backlip portion.

4. An improved lacrosse head comprising an open frame having a base, a pair of sidewalls diverging from the base to form an interior surface having a plurality of apertures along one side thereof, a lip interconnecting the sidewalls opposite the base and having an interior surface including a backlip portion and a frontlip portion in communication with the interi-

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or surface to form the opening in the open frame, the lip having a plurality of apertures extending there through between the frontlip portion and the backlip portion, and a lace threadedly connected to the frame through the plurality of apertures on the interior surface and the lip to form a pocket, the sidewalls comprising a plurality of ball retaining fridges, each ridge protruding from the interior surface of the sidewall and having an underside extending downwardly and outwardly toward the ball pocket.